

the right side. (Mataro M, Garcia-Sanchez C, Junque C, Estevez-Gonzalez A, Pujol J. Magnetic resonance imaging measurement of the caudate nucleus in adolescents with attention-deficit hyperactivity disorder and its relationship with neuropsychological and behavioral measures. Arch Neurol Aug 1997;54:963-968). (Reprints: Carme Junque PhD, Departament de Psiquiatria i Psicobiologia Clinica, Facultat de Psicologia, Universitat de Barcelona, Passeig de la Vall d'Hebron, 171 08035 Barcelona, Spain).

COMMENT. This study provides further evidence of a neuropathological or developmental structural defect underlying behavioral and cognitive abnormalities in adolescents with ADHD. Caudate volume normally decreases with increasing age, but in children with ADHD this maturational process is delayed or absent. These findings support the hypothesis of a frontal-striatal dysfunction in the mechanism of ADHD. (Progress in Ped Neurology III, 1997;p198, 212). Structural cerebral anomalies in ADHD reported previously have involved the corpus callosum (Semrud-Clikeman M et al. 1994), caudate nucleus and other regions (Castellanos FX et al. 1996), and the left temporal lobe (Millichap JG, 1997).

EFFECT OF METHYLPHENIDATE ON THE IMMUNE SYSTEM

The effects of methylphenidate (MPH) on the immune system was studied in laboratory mice and in 6 healthy boys treated for ADHD with 30-45 mg/day MPH at the Kings County Hospital, Brooklyn, NY. In mice, MPH (1, 5, or 10 mg/kg) reduced by up to 63% numbers of T-helper/inducer cells and also IgG+ cells in the spleen and increased up to 400-fold the serum levels of IgG (ELISA), both in a dose-dependent pattern. Three of 6 boys had twofold increases in IgE levels (188-285 IU/mL). MPH induced a marked hypersensitivity to mitogen-induced proliferation of lymphocytes, a hypergammaglobulinemia, and increased IgE levels. (Auci DL, Fikrig S, Rodriguez J. Methylphenidate and the immune system. J Am Acad Child Adolesc Psychiatry Aug 1997;36:1015-1016 (Letter to Editor). (Respond: Dr Auci, State Univ NY, Health Sci Ctr, Brooklyn, or Dr Rodriguez, Kings Cty Hosp, Brooklyn, NY).

COMMENT. The apparent immunological effects of methylphenidate suggested by these studies is a disturbing finding which should discourage the use of larger and more toxic doses of MPH in the treatment of ADHD. Further investigations of this MPH-induced immune system hyperactivity are indicated, especially in children with IgE-mediated asthma, allergic rhinitis, and other atopic diseases, in HIV infected children, and its possible interference with immunizations and the normal maturation of the immune system in young children. Drugs used in asthma have been implicated in causation of ADHD. We are now concerned with the possible effects of stimulant treatment of ADHD on the outcome of asthmatic and other allergic disorders.

THE CANTWELL MODEL OF ADHD SCIENTIFIC RESEARCH

Dr Dennis Cantwell, a world renowned expert on ADHD, died April 14, 1997. In an article submitted from the UCLA Neuropsychiatric Institute in March 1997, as guest editor of a special section on ADHD, Dr Cantwell outlines his model in 8 phases of scientific study as follows: clinical diagnostic criteria, demographic, psychosocial, biological, family genetic, and family environmental factors, natural history, and management with psychostimulant medication and psychosocial methods of intervention.