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# J. GORDON MILLICHAP, M.D., F.R.C.P., EDITOR

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## NEUROMUSCULAR DISORDERS

#### **OBSTETRIC BRACHIAL PLEXUS PALSY: OUTCOME**

The functional outcome with conservative management of 186 patients with obstetrical brachial plexus palsy, evaluated between 1981 and 1993, is reviewed at the Children's National Medical Center, George Washington University, Washington, DC. The majority (88%) had impairment ratings of mild (63%) to moderate (25%); 12% had complete lesions involving C4-5 to T1 and were rated severe. The palsy was bilateral in 7 patients. Perinatal complications included fractures of the clavicle (8) and humerus (5), Horner's syndrome (8), respiratory distress (16), transient stridor with recurrent laryngeal nerve involvement (3), phrenic nerve palsy (3), and torticollis (11). Of 10 with complete lesions, 5 had MRIs of cervical spines, and all showed root avulsions. The initial (at <3 months) clinical impairment ratings correlated closely with those at the last follow-up exam and with the electrodiagnostic studies repeated at intervals. Only 6 (4%) of 149 patients showed complete recovery, and 92 (62%) had mild impairments, including winging of the scapula, restricted shoulder abduction and external rotation, forearm supination, but normal hand use and sensation. The original severity groups were unchanged at follow-up in 108 (72%) patients. In 41 (28%) patients with discrepant scores at follow-up, 31 had improved by one grade, 2 improved by 2 grades, and 8 deteriorated between the first and last exam. Of 46 patients with typical Erb's palsy, graded as moderate in severity at initial exam. 28 had persistent functional limitations at follow-up. Selection criteria for microsurgery in this population were not clearly defined. (Eng GD et al. Obstetrical brachial plexus palsy (OBPP) outcome with conservative management. Muscle Nerve July 1996;19:884-891). (Reprints: Gloria D Eng MD, Children's National Medical Center, 111 Michigan Avenue, NW, Washington, DC 20010).

COMMENT. The majority of patients with obstetrical brachial plexus palsies have mild to moderate upper plexus lesions. In this study, complete recovery was exceptional, and mild sequelae were the rule.

Alfonso I et al, Miami Children's Hospital, review the differential

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The editor is Pediatric Neurologist at Children's Memorial Hospital and Northwestern University Medical School, Chicago, Illinois.

diagnosis and management of obstetric brachial plexus injury. (<u>Int Pediatr</u> 1995;10:208-213). Prenatal non-obstetric trauma produces a fixed anatomical deformity and EMG fibrillations present at or soon after birth. These authors recommend early EMG only in the exceptional cases without history of a difficult birth, those infants with a low birth weight, and with signs of congenital muscular atrophy or contractures indicative of prenatal pathology. Congenital chicken pox, amniotic bands, and pseudoparalysis due to fractures or osteomyelitis may mimic Erb's palsy. I have seen cases of congenital syphilitic osteochondritis that presented as pseudoparalysis and were treated initially as an obstetric Erb's palsy.

Caution is required in the interpretation of fibrillation potentials in the newborn infant. Transient spontaneous potentials, similar in amplitude, duration, and frequency to fibrillation potentials, have been reported in "essentially normal" premature and full-term infants. Jones HR, Bolton CF, Harper CM (Pediatric Clinical Electromyography, Philadelphia, Lippincott-Raven, 1996) have reviewed in detail the electromyography of newborns and reasons for inconclusive or erroneous EMG clinical correlations. Animal data suggest that fibrillation potentials may occur within 2 days after nerve section. EMG must be performed during the first 12 to 48 hours of life in order to attempt a distinction between prenatal and perinatal nerve injury. Further studies are needed to determine more accurately the temporal relationship of injury to onset of denervation potentials in the newborn. It might be imprudent to rely on EMG findings alone to assign cause of brachial plexus injury in obstetric litigation cases.

### RADIAL MONONEUROPATHIES

Sixteen cases of radial mononeuropathy, presenting with wristlorp and seen in the EMG laboratory at Children's Hospital, Boston, during 16 years, 1979-95, were analysed. Eight were atraumatic, including 2 in newborns, related to compression in 6 and entrapment in 2. Eight were caused by fractures or lacerations. The lesions localized by EMG were in the distal main radial nerve trunk in 9 (56%), the posterior interosseous nerve in 5 (31%), and in the proximal main radial nerve trunk in 2 (13%). Demyelinating lesions in 4 cases improved within 6-12 weeks, and axonal injuries in 13 took between 6 weeks and 18 months to improve or recover. Two showed no improvement in 4 years, and 1 caused by sclerotherapy for a nevus was progressive. (Escolar DM, Jones HR Jr, Pediatric radial mononeuropathies: a clinical and electromyographic study of sixteen children with review of the literature. <u>Muscle Nerve</u> July 1996;19:876-883). (Reprints: H Royden Jones Jr MD, Department of Neurology, Lahey Hitchock Medical Center, 41, Mall Road, Burlington, MA 01805).

COMMENT. These authors have previously determined that an EMG taken within 1-2 days of birth and showing fibrillation potentials is required to support a diagnosis of intrauterine prenatal-onset neuropathy. (Jones HR et al. Intrauterine onset of a mononeuropathy: peroneal neuropathy in a newborn with EMG findings compatible with a prenatal onset. <u>Muscle Nerve</u> 1996;19:88-91). The precise temporal profile for signs of denervation in the neonate with birth injury has not been well defined, and an EMG performed later than 48 hours after birth may not distinguish prenatal from perinatal injuries. The *distribution* of the EMG abnormalities differentiates the radial neuropathies from the brachial plexus palsies.